



UZBEKISTAN PACKING CHECKLIST

Silk Road cities, bazaars, a desert drive and a village homestay.

WEATHER

Sunny and dry. Hot days, cool nights in spring and fall.

PLUGS

European Type C and F. 220V.

MONEY

Uzbek som. Carry cash; cards in bigger cities.

DRESS CODE

Shoulders and knees covered at mosques.

MUST-HAVE

A light scarf for mosques, sun and dust.

CLOTHES

- ☐ 3 to 4 breathable tops with sleeves
- ☐ 1 or 2 long-sleeve layers
- ☐ 2 pairs of loose pants
- ☐ Midi or maxi skirt or dress
- ☐ Light jacket or cardigan
- ☐ Warm layer for the homestay
- ☐ Scarf or shawl
- ☐ Sleepwear and underwear

SHOES

- ☐ Comfortable walking shoes
- ☐ Sandals
- ☐ Slip-ons for mosques and homes

DOCUMENTS AND MONEY

- ☐ Passport (6+ months validity)
- ☐ Travel insurance details
- ☐ Debit card plus a backup card
- ☐ Some US dollars or euros

HEALTH AND TOILETRIES

- ☐ High-SPF sunscreen and SPF lip balm
- ☐ Pain relievers and electrolytes
- ☐ Band-aids and blister care
- ☐ Stomach meds
- ☐ Hand sanitizer, wipes, tissues
- ☐ Period products
- ☐ Prescription meds plus extra days
- ☐ Moisturizer and saline spray for dry air
- ☐ Sunglasses

TECH AND EXTRAS

- ☐ Universal adapter
- ☐ Power bank
- ☐ eSIM or local SIM
- ☐ Offline maps
- ☐ Tote for bazaar shopping

THE THING EVERYONE FORGETS

Moisturizer. The dry desert air is rough on skin and lips by day three.

MY EXTRAS
