THE SOLO FEMALE TRAVELER NETWORK

TANZANIA PACKING CHECKLIST

Safari in the Serengeti and Ngorongoro, plus Zanzibar.

WEATHER	PLUGS	MONEY	DRESS CODE	MUST-HAVE
Warm days, chilly early mornings and crater rim nights.	Types D and G. 230V.	Tanzanian shilling and US dollars.	Shoulders and knees covered in Zanzibar's Stone Town.	Visa sorted before you go.

CLOTHES

- [ ] 4 to 5 tops in neutral colors
- [ ] 2 long-sleeve layers
- [ ] 2 pairs of light pants
- [ ] Warm fleece or jacket
- [ ] Light rain jacket
- [ ] Scarf or buff for dust
- [ ] Swimsuit and cover-up for Zanzibar
- [ ] Sleepwear and underwear

GAME DRIVES

- [ ] Binoculars
- [ ] Sunglasses and hat
- [ ] Daypack
- [ ] Reusable water bottle

SHOES

- [ ] Comfortable sneakers or trail shoes
- [ ] Sandals

DOCUMENTS AND MONEY

- [ ] Passport (6+ months validity)
- [ ] Tanzania visa details
- [ ] Travel insurance details
- [ ] Debit card plus a backup card
- [ ] Small, recent US dollar bills

HEALTH AND TOILETRIES

- [ ] High-SPF sunscreen and SPF lip balm
- [ ] Pain relievers and electrolytes
- [ ] Band-aids and blister care
- [ ] Stomach meds
- [ ] Hand sanitizer, wipes, tissues
- [ ] Period products
- [ ] Prescription meds plus extra days
- [ ] Malaria prevention (ask your doctor)
- [ ] Insect repellent
- [ ] Reef-safe sunscreen

TECH AND EXTRAS

- [ ] Universal adapter
- [ ] Power bank
- [ ] Headlamp
- [ ] Extra photo storage

THE THING EVERYONE FORGETS

A warm layer. Ngorongoro's crater rim is properly cold at dawn, even when the rest of the trip is hot.

MY EXTRAS