THE SOLO FEMALE TRAVELER NETWORK

OAXACA PACKING CHECKLIST

Markets, family kitchens, mezcal and the mountains.

WEATHER	PLUGS	MONEY	DRESS CODE	MUST-HAVE
Sunny days, cool nights. Cold in the mountains.	Same as the US. About 127V.	Mexican peso. Cash for markets and taco stands.	Relaxed. Cover shoulders in churches.	A warm jacket for the mountain day.

CLOTHES

- [ ] 3 to 4 breathable tops
- [ ] 1 or 2 pairs of comfy pants
- [ ] 1 or 2 dresses or skirts
- [ ] Warm sweater or fleece
- [ ] Warm jacket
- [ ] Scarf or shawl
- [ ] Sun hat
- [ ] One outfit that feels special
- [ ] Sleepwear and underwear

SHOES

- [ ] Comfortable walking shoes
- [ ] Sandals or flats
- [ ] Closed shoes with grip for the mountains

DOCUMENTS AND MONEY

- [ ] Passport (6+ months validity)
- [ ] Travel insurance details
- [ ] Debit card plus a backup card
- [ ] Small bills in pesos

HEALTH AND TOILETRIES

- [ ] High-SPF sunscreen and SPF lip balm
- [ ] Pain relievers and electrolytes
- [ ] Band-aids and blister care
- [ ] Stomach meds
- [ ] Hand sanitizer, wipes, tissues
- [ ] Period products
- [ ] Prescription meds plus extra days
- [ ] Moisturizer
- [ ] Insect repellent
- [ ] Reusable water bottle

TECH AND EXTRAS

- [ ] Power bank
- [ ] eSIM or local SIM
- [ ] Offline maps
- [ ] Foldable duffel for shopping
- [ ] Bubble wrap or socks for pottery

THE THING EVERYONE FORGETS

Empty space in your suitcase. Black clay pottery, rugs from Teotitlán and mezcal all want to come home with you.

MY EXTRAS