THE SOLO FEMALE TRAVELER NETWORK

MONGOLIA PACKING CHECKLIST

The Golden Eagle Festival, ger camps and wide open steppe.

WEATHER	PLUGS	MONEY	DRESS CODE	MUST-HAVE
Cold, windy and dry. Below freezing at night in western Mongolia.	European Type C and E. 220V.	Mongolian tögrög. Cash outside Ulaanbaatar.	Practical and warm. No special rules.	Real winter layers.

CLOTHES

- [ ] Thermal base layers
- [ ] 2 to 3 warm tops
- [ ] Fleece or wool sweater
- [ ] Down or insulated jacket
- [ ] Windproof outer layer
- [ ] 2 pairs of warm pants
- [ ] Warm hat, gloves and scarf
- [ ] Wool socks
- [ ] Warm sleepwear

FESTIVAL DAYS

- [ ] Buff for dust and wind
- [ ] Hand warmers
- [ ] Sunglasses
- [ ] Thermos or insulated bottle

SHOES

- [ ] Warm, waterproof boots
- [ ] Slippers or camp shoes

DOCUMENTS AND MONEY

- [ ] Passport (6+ months validity)
- [ ] Visa details for your passport
- [ ] Travel insurance details
- [ ] Debit card plus a backup card
- [ ] Cash in tögrög or US dollars

HEALTH AND TOILETRIES

- [ ] High-SPF sunscreen and SPF lip balm
- [ ] Pain relievers and electrolytes
- [ ] Band-aids and blister care
- [ ] Stomach meds
- [ ] Hand sanitizer, wipes, tissues
- [ ] Period products
- [ ] Prescription meds plus extra days
- [ ] Rich moisturizer
- [ ] Saline spray for dry air

TECH AND EXTRAS

- [ ] Universal adapter
- [ ] Power bank (cold drains batteries)
- [ ] Headlamp
- [ ] Offline maps

THE THING EVERYONE FORGETS

Hand warmers. The festival is outdoors in the wind all day, and fingers go first.

MY EXTRAS