



PACKING LIST



THE SOLO FEMALE
TRAVELER NETWORK

DESTINATION	DAYS	AVERAGE LOCAL WEATHER
Cuba	9	<p>WINTER: 19°C (66°F) - 26°C (79°F)</p> <p>SUMMER: 24 °C (75°F) - 32°C (90°F)</p>  



SPECIFIC TO CUBA


- Rain jacket
- Portable charger or power bank
- Bug spray
- GoPro or Waterproof Camera

ESSENTIALS


- Passport
- Covid QR/Card/Test
- Insurance Paperwork
- Prescription Meds
- Cell phone + Charger

US Dollars and credit cards will NOT be accepted in Cuba. Bring Euros or another major currency to exchange.


WHICH TYPE OF BAG?



Backpack



Suitcase



Duffel

CLOTHING

----- Shirts	----- Underwear	----- Sneakers	----- Sweater/Fleece
----- Pants	----- Bras	----- Sandals	----- Lightweight Jacket
----- Dresses	----- Socks	----- Slippers	----- Sunhat
----- Skirts	----- Pajamas	----- Swimsuit	----- _____

TECH + ELECTRONICS

----- Laptop + charger	----- Adapters/Converters	<p>Wifi will be sparse in Cuba. Prepare for a general lack of internet availability. Download media or streaming services ahead of trip to use during leisure time.</p>
----- Headphones	----- Extra SD/Memory Card	
----- Camera + charger	----- External Harddrive (for photos)	
----- Tablet + charger	----- USB Stick (easy photo sharing)	

TOLIETRIES + PERSONAL CARE

----- Cleanser	----- Toothbrush + Toothpaste	----- Pads + Tampons
----- Moisturizer	----- Haircare Needs	----- Chapstick
----- Makeup	----- Contacts/Eyeglasses	----- Sunscreen
----- Deodorant	----- Razor + Shaving Supplies	----- _____

ACCESSORIES + MISCELLANEOUS

----- Sunglasses	----- Ear Plugs + Sleeping Mask	----- Packing cubes
----- Hand Sanitizer	----- Travel Neck Pillow	----- Collapsible Tote
----- To-Go Toilet Paper	----- Snacks	----- _____
----- Water Bottle	----- OTC Medicine (ie: tylenol, dayquil)	----- _____

